

Dear Colleague

I am sorry that my collapse and the need to call an ambulance completely disrupted your society's AGM this year, particularly for spoiling Martin's swan song and Gill's talk.

After extensive tests, the wonderful staff in the Princess Royal Casualty Department could not find any reason to keep me in hospital but I have been told to see my doctor. I was also told that my collapse probably came about as a result of the effects of jet lag from my flight home from Australia (my age was also mentioned which was very dispiriting). However, the symptoms were very similar to a couple of angina type attacks I have experienced (without prior warning and completely pain free) 20 years ago and early in 2014.

I still would be willing to join the LHS committee in some form or other, including Chairman but if acceptable, I shall let the committee decide what they would like me to do.

The AGM agenda listed the vacancies on the committee. Immediately before my collapse, I think I was speaking 'goblygook' about the vacancies. However, as I see it, the success of the LHS over recent years has in many ways depended on the hard work of too few people who most members know and more volunteers are required as a result of the departure of some of these hard working volunteers during the last few months.

For myself, I still intend to be part of the team delivering the newsletters and the Schedule. Also, instead of being an occasional reserve helper at the Spring Lane shop, I have already added my name to the short list of helpers who have come forward as a result of the departure of Alan and Noreen Smith to Newmarket but more are needed.

Chris Gurr